Island Packing List

This list has most everything you will need for a 1+ week stay on Providencia. Remember comfort is king and casual dress is the norm on the island. Reach out to Joe if you have any questions.

Travel Documents	First aid/Medkit
Passport (valid at least 6 months past return date)Digital copy of PassportCredit CardCash/Western Union infoList of emergency contacts ClothingUnderwearSocks	Hand sanitizer or wipesMosquito repellent (DEET or similar)Painkillers (e.g. Ibuprofen, Aspirin)Anti-diarrhea medicineDisinfectant/wound creamBand-aidsTablets against seasickness/travel sicknessPrescriptions (2x on the must-haves)
T-shirtsSwim shirt for sun protectionLong-sleeved airy shirtsLong, light pantsShortsBeach dress/beach outfitLight rain jacket2x Sets of swimwear (to dry)TowelThin scarf/buff or bandanaWaterproof boat shoesSneakersSandals/Flip FlopsHat	Toiletries ToothbrushToothpasteDental flossDeodorantHairbrushSunscreen (reef safe)RazorShower gel/SoapShampoo/ConditionerNail careFace lotionLip protectionTweezers
Sunglasses with retainerReusable water bottle ElectronicsMobile phone with chargerHeadphonesPowerbank or solar chargerBatteriesFlashlight or headlampCamera with charger	Other stuff Day backpack/drybag Swiss Army knife or multitool Earplugs Books/Magazines Diving mask & snorkel Water gloves Cards, travel games, ball, frisbee Fishing gear
Lanton/tablet/e-reader/kindle with charger	